



Competitive Teams Attendance & Commitment Policy 2022-23

Cheerleading routines are complex and each team member has a very specific part. Not only do absences hold back that athlete's progress, they also affect the whole team. One person being missing can mean that the whole team is unable to practice their full routine. Because of this, we have strict attendance and commitment rules for competitive team members. Before accepting their place onto a team, parents and athletes will be asked to sign that they understand and agree to the following attendance and commitment policies:

- All training sessions, competitions and showcases are compulsory.
- Athletes must be on time for training and ready to start when training starts.
- Excused absences include:
 - Serious or infectious illness, including COVID-19.
 - Compulsory school events.
 - Bereavements or other family emergencies.
 - Family holiday or school residential trips (not within 2 weeks of competition).
 - Serious Injury (an athlete may still be asked to attend to learn choreography).
- Unexcused absences include (but are not limited to):
 - Homework or revision.
 - Punishment for behaviour.
 - Parties etc.
 - Non-compulsory school events – e.g. discos.
- Any planned holidays or school trips must be communicated via email at the start of the season, or otherwise as soon as possible.
- Any unavoidable or excused absences on the day of training (e.g. sickness), must be communicated to Hannah – ideally by text or Whatsapp (07935135536) as soon as possible, to allow coaches to change training plans in accordance. Please don't email if on the same day, as this may be missed.
- Multiple unexcused absences and/or consistent lateness may result in a loss of position within the routine (e.g. taken out of stunts) or in serious circumstances, a loss of position on the team itself. Previous attendance, punctuality and commitment are all also all considered when it comes to Trials each season.
- Athletes must commit to the whole competitive season to early July 2023. Drop-outs are extremely disruptive to the rest of the team's progress and often affect their performance at competitions. If an athlete does drop out without good reason (e.g. injury) then the athlete will not be able to return. No training fees, competition entry fees or uniform fees will be refunded. Refunds may be offered in exceptional circumstances where we are able to recoup that cost, but this is at the club's discretion.