

Wildfire Cheer

COVID-19 Safety Policies

Summer/Autumn 2021



There are now very few legally required COVID-19 restrictions, meaning our cheerleaders can get back to doing the sport they love without too much disruption. However we still take seriously our responsibility to minimise the risk of spreading COVID-19 within the club, where possible. We have undertaken a Risk Assessment for training at Iveshead School, which can be found on our website: www.wildfirecheer.com/policies. This contains full details of the measures we are taking to minimise the risk of infection to all.

We also have the following COVID-19 safety policies for all teams and classes:

- In most cases, classes will be 'drop off' only as we are still limiting the amount of people that can be accommodated inside the venue, to allow for social distancing. We may sometimes make an exception, e.g. for a younger child's first session – please ask a coach in advance if you would like to stay.
- We will no longer be operating a 'one-way' system so pick up and drop off will both now be at the front entrance to the sports hall. If you arrive early, please wait in your car or outside (rather than in the entranceway to the sports hall) to avoid crowding.
- All children will be asked to sanitize their hands when entering the building, as well as sometimes during sessions. Ideally they should bring their own, but we will also have some on site.
- Please ensure that all children arrive wearing suitable clean clothing to take part in cheerleading (e.g. a top and shorts or leggings). We do not have access to the changing rooms.
- All long hair must be tied back and jewellery removed or taped over before the session, to avoid coaches having to assist with this.
- Please make sure any water bottles are clearly labelled and/or distinguishable from others.
- Please provide us with up to date contact and medical details (on our Registration Form).
- If your child or any members of your household have any symptoms of COVID-19, please don't send them to classes until they have received a negative test result.
- If your child or any members of your household test positive for COVID-19, they must isolate for 10 days as per government guidelines, so please do not send them to classes.
- If your child tests positive for COVID-19 and has attended a session in the week before the positive test or developing symptoms, please inform us immediately so we can consult with the NHS track and trace service, other relevant authorities and the parents of all other athletes who may have been in close contact with your child. The name/identity of the affected person will not be shared with other parents.
- If your child has been identified as a 'close contact' of a positive case (before 16th August 2021) then they must isolate for 10 days as per government guidelines and not attend classes. After this date, under 18s and fully vaccinated adults who are contacts of a positive case do not need to isolate, however please follow the government advice to test regularly and pay extra attention to any symptoms that may develop.

By allowing your child to participate in our training sessions, you are confirming that you understand and agree to abide by all of the above policies.

Close Contact

Cheerleading by its nature and for safety reasons, involves a lot of close contact between participants and with coaches. During cheerleading stunts, multiple children are in direct physical contact, sometimes for quite long periods of time (especially in our competitive cheer and group stunt teams). Coaches may also come into direct physical contact with participants when assisting or spotting them for their stunts or tumbling skills. Whilst many parents/guardians may be comfortable with this, we feel it is our responsibility to make sure you are fully aware, in case your child or anyone they live with is more vulnerable to COVID-19. If this is the case and/or you have

any questions or concerns about your child taking part in the more close contact elements of cheerleading, please get in touch and we will see if any specific accommodations can be made for your child.

If we don't hear from you, we will assume that by sending your child to our training sessions, you consent to your child taking part in the the close contact elements of cheerleading and you understand that this may pose an increased risk of COVID-19 infection. We will still be trying to minimise these risks and keep everyone as safe as possible, by avoiding too much mixing of stunt groups and keeping up good hand hygiene. Please see our Risk Assessment for full details.

This document has been created using government advice and guidelines surrounding COVID-19 and will be updated if any further clarifications are needed or any safeguarding or health issues arise.

Signed: Hannah Bottomley, Director and Head Coach, Wildfire Cheer

Last reviewed: 22/07/2021