

Wildfire Cheer

Close Contact

Policies & Consent

2020-2021



As of 22nd October 2020, we are now legally allowed to return to close contact (including stunts, pyramids and spotted tumbling skills) within cheerleading, provided that we follow the government approved 'Return to Play' guidance set out by our National Governing Body, Sport Cheer England. You can see this here:

<https://tinyurl.com/y5f4bex7>

Please note that this is an update to the previous guidance which require the use of face coverings during stunts, this is now no longer a requirement. Wildfire Cheer will be adhering to the latest SCE guidance at all times, in addition to our general COVID-19 safety policies. We have also updated our COVID-19 risk assessment which can be found on our website: www.wildfirecheer.com/policies.

For 'close contact' within cheerleading we have the following additional policies:

- Athletes will only be permitted to return to close contact activities (stunts, pyramids, spotted tumbling skills) with the consent of a parent or guardian.
- Stunting sessions will be limited to 15 minutes at a time, with breaks to allow hand washing or sanitising. All hands to be sanitised before and after stunting.
- Athletes will only be allowed to take part in stunts within a consistent 'stunt bubble' of up to 6 athletes.
- There will be a minimum of 14 days without close contact between any stunt bubble changes.
- Athletes will only take part in pyramids within their set cheerleading team or class of up to 25 members
- Athletes may have more 'fleeting' contact of between 1 to 2m of other athletes (e.g. during routines), but this can only take place within set cheerleading teams or classes of up to 25 members.
- Whenever possible (e.g. warmups, tumble practice, queues) 2m social distancing is to be maintained.
- In sessions where athletes may come into contact with athletes outside of their usual cheerleading team or class (e.g. dance teams or extra tumbling), 2m or 1m+ distancing is to be maintained at all times.
- Excessive supporting of skills by coaches will be avoided, athletes will only be allowed to attempt skills they are physically capable of. However if an athlete is ready to progress, coaches may 'spot' newer skills for safety reasons. All coaches will wear a face covering if within 2m of an athlete. All coaches will wash or sanitise their hands before and after coming into contact with an athlete.
- If any athlete or coach tests positive for COVID-19, Wildfire Cheer will follow the advice of NHS Test and Trace. Any athletes in a stunt bubble with a positive case are likely to be asked to self isolate for 14 days, including from school. When it comes to more 'fleeting' contact such as spotting skills or pyramid work, it is still possible athletes and coaches could be asked to self-isolate by NHS Test and Trace.

Please make sure you read all of these policies before giving permission for:

- Close contact stunting, within strict bubbles of 6
- 'Fleeting' contact of between 1 and 2 metres in cheerleading teams/classes of up to 25
- Spotting of skills by coaches (with coaches wearing face coverings)

By giving your consent, you acknowledge and accept that whilst we are taking all of the precautions set out by SportCheer England, there is still an increased risk of COVID-19 transmission associated with close contact. You also acknowledge and accept the possible consequences of this increased risk, including self-isolation.

Signed: Hannah Bottomley, Director and Head Coach, Wildfire Cheer

Last reviewed: 01/12/2020