



Training Timetable - Autumn 2020

Monday	Tuesday		Wednesday	Thursday		Friday
5-6pm REC CHEER Mini / Youth Age 6-11	5:30-6:30pm EMBER Tiny Prep L1 Age 5-8	*5:30-6:30pm* *GLOW GIRLS* *Mini Pom* *Age 6-10*	4:15-5pm REC CHEER Tinies Age 4-6	5:30-7pm GLIMMER Mini Prep L1 Age 7-9	5:30-7:15pm FLARE Youth/Junior L1 Age 10-15	5-7pm INFERNO Int. Junior L2 Age 10-16
	6:30-8:15pm PHOENIX Youth L2 Age 9-12	*6:30-8pm* *GLITZ* *Junior Pom* *Age 10-16*	5-6pm REC CHEER Mini / Youth Age 6-11	7-8:30pm BLAZE Youth Prep L1 Age 9-12		6-8pm VALKYRIE Senior L3 AG Age 10+

Recreational Cheerleading	Competitive Cheerleading
Competitive Dance	

All training is at Iveshead School, Shepshed (for the time being)
 This timetable is subject to change depending on the COVID-19 situation

Pom is TBC - coach dependent

Additional classes (group stunt, tumbling etc) will be added as soon as the situation allows